

Useful resources for General Practitioners working with People with Intellectual Disabilities

Centre for Developmental Disability Health: www.cddh.monash.org

- Primary care of people with intellectual disability:
<http://www.cddh.monash.org/better-primary-health-care-guide.html>
- Working with people with intellectual disability in healthcare:
<http://www.cddh.monash.org/assets/documents/2015/working-with-people-with-intellectual-disabilities.pdf>
- Accessing mental health services for people with intellectual disability:
<http://www.cddh.monash.org/assets/documents/cddhv-health-services.pdf>

Complaints mechanisms:

- **Mental Health Complaints Commissioners**
<http://mhcc.vic.gov.au>
- **Disability Services Complaints Commissioner**
<http://www.odsc.vic.gov.au>
- **Health Services Commissioner**
www.health.vic.gov/hsc

Disability services:

- **Disability Services – state services Victoria**
For information about the state funded services for people with disability
www.dhs.vic.gov.au/for-individuals/disability/start-here/access-to-disability-supports
- **Behaviour Support Services:**
Behaviour Support Services available through Disability Services <http://www.dhs.vic.gov.au/for-service-providers/disability/specialist-support/behaviour-intervention>
Private psychologists with special interest in area.
www.psychology.org.au/FindaPsychologist/
- **NDIS: National Disability Insurance Agency**
For information about the NDIS.
www.ndis.gov.au

Genetics

- **Victorian Clinical Genetics Services**
www.vcgs.org.au
- **Online Mendelian Inheritance in Man**
www.omim.org
- **Better Health Channel (patient information)**
www.betterhealth.vic.gov.au

Legal information and advice

Legal advice re: consent, capacity, guardianship www.publicadvocate.vic.gov.au

Management Guidelines:

- **Management Guidelines: Developmental Disability.**

One of the suite of resources by Therapeutic Guidelines and available on eTG and in hard copy.

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Covers issues in the healthcare of people with intellectual and developmental disability throughout the lifespan.

Chapters on specific syndromes + mental health, prescribing and legal issues.

<https://tgldcdp.tg.org.au/guideLine?guidelinePage=Management+Guidelines+Developmental+Disability&frompage=books>

➤ **Consensus Guidelines: Canadian Family Physician**

Primary care of adults with developmental disabilities

<http://www.cfp.ca/content/57/5/541.full>

www.surreyplace.on.ca/documents/Primary%20Care/Primary%20Care%20of%20Adults%20with%20Developmental%20Disabilities%20Canadian%20Consensus%20Guidelines.pdf

Medicare

➤ **Chronic Disease Management:**

<http://www.health.gov.au/internet/main/publishing.nsf/Content/mbsprimarycare-factsheet-chronicdisease.htm>

➤ **Health Assessments:**

<http://www.health.gov.au/internet/main/publishing.nsf/Content/mha.htm>

➤ **Health assessment proformas:**

http://www.health.gov.au/internet/main/publishing.nsf/Content/mha_resource_kit#proforma

Mental Health

➤ **State Mental Health Services**

<http://www.health.vic.gov.au/mentalhealthservices/>

➤ **Article: Prescribing psychotropic drugs for adults with intellectual disability** <https://www.nps.org.au/australian-prescriber/articles/prescribing-psychotropic-drugs-to-adults-with-an-intellectual-disability>

➤ **Dementia: Alzheimer's dementia**

<https://vic.fightdementia.org.au/vic>

Includes support and information on Alzheimer's dementia in people with Down syndrome

Further learning opportunities:

➤ **CDDHV online learning:**

The Assessment and Management of People with Intellectual Disability presenting with Behaviours of Concern.

<http://cddh-online.monash.org/login/index.php>

ALM: 40 CPD Cat 1 points

➤ **MOOC: ABLEx:**

Massive Open Online Learning. Free 3 module course to improve the physical and mental health of people with intellectual disability.

<https://www.edx.org/course/well-able-improving-physical-health-uqx-able201x>