

Assessment and Management Framework

Behaviour Change in People with Intellectual Disability

Presentation

FACTS: Exactly what happened:

- **STAR:** Settings, Triggers, Actions, Results
- **ABC:** Antecedents, Behaviour, Consequences

Beware of interpretations of behaviour:

e.g. “withdrawn”, “aggressive”, “destructive”
“non-compliant”, “attention seeking”,
“manipulative”.

Context

Safety

Person, others.
Immediate & imminent.

Communication

Expressive and receptive ability.
Methods, aids & equipment.

Person

Usual behaviour, personality, abilities, challenges.
Cause of disability (behavioural phenotype?)

Support network

Family and paid support workers -
knowledge, concerns, perspective.

Assessment and Provisional Diagnosis

Physical health

Symptoms. Age, gender, cause of
disability. Physical examination.
Medication Review. Investigations.

Sensory issues

Consider sensory loss (hearing, vision).
Sensory sensitivity (sound, light, touch,
texture, taste, smell).

Mental health

Symptoms: Anxiety, depression, psychosis,
bipolar disorder. Medication Review.

Life circumstances

Environment: social, physical.
Life events: Life stage, change, transition, grief.

Initial Management

Further history. Behaviour recording.
Investigations. Referrals.

Interventions:
• Non-pharmacological.
• Pharmacological.

Ongoing Management

Monitor and review

Multidisciplinary team

Manage and refer

Services & Resources